

TELEVISION

Channel 1 (Y11/H11)

08.00 Good Fitness Israel 08.15 Neighbors - Australian drama (2 eps) 09.10 The Place where I Was Born - On Jewish traditions 09.40 Nostalgia - The songs of Zehu Ze 10.10 At a Glance - Avramia Galan presents new Israeli books...

Channel 2 (Y22/H22)

06.00 Music 06.10 Rise and Shine - On healthy living 06.30 Morning Stretch - Talk show 07.00 A New Day - Talk show 09.00 News Flash 09.05 A Beautiful Day - Daily beauty magazine 10.10 Be Healthy - Magazine 10.35 Learning Together - Educational program for teens 11.25 Have a Question - Magazine 12.15 The Room with Ruth Kalderon 12.40 Rise and Shine - On healthy living 13.00 Breaking the Rules - Current affairs 13.30 Political Gem 14.00 Daddy's Little Genius with Yoram Gaon - Children's program 14.30 Battle of Willys - Game show 15.00 Evening News 15.05 Current affairs 15.35 A Beautiful Day - Daily beauty magazine 16.55 First Edition 17.00 Getting Things in Order - Politics 18.00 Sky O'Clock with... 18.50 What's Happening - Internet-related news magazine 19.00 Savings Plan 20.00 The Ellen DeGeneres Show - Current affairs with Ilana Yaron 22.15 Meorav Yerusalmi - Israeli drama 23.15 Ahead of 'Big Brother' 23.40 There's No Place Like Home - On different families across Israel 00.00 News 00.05 There's No Place Like Home - On different families across Israel 00.25 News Flash 00.35 Learning Together - Educational program for teens 01.45 The Room with Ruth Kalderon

Channel 10 (Y10/H10)

06.00 Children's Programs 06.35 First Things First - Magazine 09.00 News 09.05 Survivors at Home - Talk show 10.00 Professionals at Home - Expert advice 11.00 Channel Ten Health 12.00 My Story - Interviews 12.35 Odetta - Lifestyle 14.15 Reality - Comedy 14.35 Mystical Time - Magazine 15.30 World Class Kitchen - Cooking 16.00 Survivors at Home - Talk show 16.55 Five O'Clock with Rafi Reshef 18.00 News Flash 18.05 Aharoni and Me - Home cooking 19.00 London and Kirschenbaum 20.00 The Room with Ruth Kalderon 20.05 Source - Investigative program 22.05 London, Corner of Ben-Yehuda - Yaron London explores the Hebrew language 22.55 Local Drawing 23.00 The Day That Was - News roundup 23.30 Economic Night - Finance magazine 00.00 Still Standing - Comedienne 00.30 The Firm - Interviews 01.00 London and Kirschenbaum 01.55 Brave Heart - Telenovela

Educational TV 2 (Y23/H23)

06.30 The 50+ Club - Children's programs 08.00 The 50+ Club - Interviews 09.00 Health Magazine with Dr. Shlomo Segev 09.30 Cross-Country Israel - Interviews with Rino Tzor 10.00 Intermezzo with Ark 11.00 Arie Yardi discusses classical music 10.30 World of Luxury - Lifestyle 11.00 Creating a New Order 12.00 The 50+ Club - Interviews 13.00 The 10+ - Children's programs 15.30 23 FM - Educational teen drama 16.00 The Big Reverses - Children's show on conflict resolution 16.30 Serious Dishes - Comedy 17.00 The 50+ Club - News Evening - News magazine 17.50 Creating a New Order 18.20 Health Magazine with Dr. Shlomo Segev 18.45 The 50+ Club - Interviews 19.45 World of Luxury - Lifestyle 20.15 Around the World in 80 Gardens - Mory Don visits the world's most inspiring gardens 20.40 Creating a New Order 21.25 Cross-Country Israel - Interviews with Rino Tzor 21.50 Battle of Willys - Game show 22.15 Strictly Bolshoi - Documentary on the Bolshoi Ballet 23.00 Israel Duet - Local musicians are introduced to each other 23.45 Channel 23 at Night - Repeat broadcasts until morning of selected programs

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Israel Channel 3 (Y33/H33)

10.00 Theater Cafe - Culture (2 eps) 12.00 Where to Tonight, Yankale? 13.00 Healthline (2 eps) 14.00 Calling You - Culture (2 eps) 15.00 In Good Company - Talk show on Israeli culture (2 eps) 16.00 News 16.05 Neighbors - Comedy 17.00 IBA English News 17.30 Comedy 18.00 Health Desk - Health magazine 18.30 According to the Law - On legal matters 19.00 News 19.30 Current Affairs 20.00 Voyage - Travel 20.30 The Local Edition - Current events 21.00 Mabat News Magazine 22.00 News 22.30 Current Affairs 23.00 Songs from Movies 23.30 Science Magazine

HOT 3 (H3)

09.55 Good Evening with Guy Pines 10.30 Jimmy Kimmel Live! - Talk show 11.10 King of Queens 11.35 The Real Housewives of Orange County 12.25 ER (s. 7) 13.10 Gossip Girl (s. 2) 13.50 One Tree Hill (s. 1) 14.40 The Practice (s. 5) 15.20 The Real Housewives of Orange County 16.15 Jimmy Kimmel Live! - Talk show 16.55 The King of Queens 17.30 The Real Housewives of Orange County 17.55 Top Design 18.45 He-Alla (s. 3) 19.15 Gossip Girl (s. 2) 20.00 One Tree Hill (s. 1) 20.45 The Practice (s. 5) 21.30 He-Alla (s. 3) 22.00 House M.D. (s. 5) 22.45 Good Evening with Guy Pines 23.20 Jimmy Kimmel Live! - Talk show 23.00 He-Alla (s. 3) 00.30 Quark as Folk 01.20 House M.D. (s. 5) 02.05 The Practice (s. 5) 02.50 Jimmy Kimmel Live! - Talk show

HOT Family (H4)

06.00 Ellen: The Ellen DeGeneres Show 06.45 Little Missy 07.30 Her Own Destiny 08.20 Martha Stewart 09.05 Dr. Phil 09.50 The Oprah Winfrey Show 10.35 Days of Our Lives 11.20 The Young and the Restless 12.05 Her Own Destiny 12.55 Home & Garden 13.45 The Ellen DeGeneres Show 13.55 Martha Stewart 14.30 Dr. Phil 15.15 The Oprah Winfrey Show 16.00 Ellen: The Ellen DeGeneres Show 16.45 Days of Our Lives 17.30 The Young and the Restless 18.15 Home and Away 18.40 Glamour Girls (s. 4) 19.30 Ellen: The Ellen DeGeneres Show 20.15 The Best Years (s. 2) 21.00 Dhama & Greg (s. 2) 21.45 Beggars and Choosers 22.35 Ellen: The Ellen DeGeneres Show 23.20 According to Jim (s. 7) 23.45 The Best Years (s. 2) 00.30 Aliens in America 00.55 Dinner for Five 00.55 Beggars and Choosers 02.10 Dr. Phil 02.50 Bellissima

HOT Zone (H5)

08.00 Renegade (s. 4) 08.45 18 Wheels of Justice 09.30 24 (s. 3) 10.15 Supernatural 10.55 Divermezzo - A selection of short musical clips 21.30 Nikita (s. 2) 14.00 Supernatural 14.45 Cold Case (s. 2) 15.30 CSI: Miami (s. 7) 16.15 Survivor (s. 13) 17.00 The Amazing Race (s. 7) 17.55 Kyle X 3 (s. 2) 18.35 She Spies (s. 2) 19.15 24 (s. 3) 20.00 CSI: Miami (s. 7) 22.15 Nikita (s. 2) 23.00 CSI: Miami (s. 7) 23.45 The Amazing Race (s. 7) 00.40 Kyle X 3 (s. 2) 01.25 Cold Case (s. 2) 02.10 The X-Files (s. 2) 02.55 Supernatural

Children's Channel (Y46/H80)

06.00 Cedric 06.30 Tiedle 06.45 Martin Morning 07.00 Kid Puddle 07.20 Cedric 07.50 Four Eyes 08.05 Life with Derek 08.25 Total Drama Island 08.50 The Story of Tracy Beaker 09.20 Matt's Monsters 09.50 Arthur 10.15 Mordabun Private Detective 11.05 Arthur 11.35 Cedric 11.50 Tiedle 11.55 Chaotic 12.20 The Spectacular Spider-Man 12.45 Baganan Battle Brawlers 13.05 The Pajamas 13.35 Matt's Monsters 14.05 Arthur 14.30 Menoban Private Detective 16.25 Arthur 16.50 The Story of Tracy Beaker 17.15 The Spectacular Spider-Man 17.40 Baganan Battle Brawlers 17.40 The Pajamas 18.00 Life with Derek 18.30 Total Drama Island 18.55 Pat & Stan 19.30 Casi angeles 20.20 Divided 20.45 Shemesh 21.10 What I Like About You 21.30 Bleach 21.55 Casi angeles 22.50 Shemesh 23.10 Divided 23.40 Total Drama Island 00.05 Carl 00.30 Bleach

HOT Channel 8 (H8)

06.00 The House of Tiny Tearaways - Pediatric show with troubled toddlers 07.00 The Link with Guri Alfi - Series about internet use 07.20 Herby's Bodyguard - A look at the world who guarded Hitler, 08.10 Superman of Malesgao; Documentary - About the making of a Hollywood movie 08.30 The Link with Guri Alfi - Series about internet use 10.10 Journey with Jonathan Dimbleby 10.10 See 06.00 11.10 See 07.20 12.00 See 08.10 12.55 See 10.10 13.75 See 06.00 14.15 See 09.10 19.25 See 07.20 16.10 See 08.10 17.05 See 10.10 18.00 See 11.10 19.25 See 07.20 19.20 See 08.10 21.15 See 19.25 See 07.20 20.20 See 08.10 21.15 See 07.20 21.35 The Passion: Films, Faith and Fury - Documentary 22.25 Louis Theroux's

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